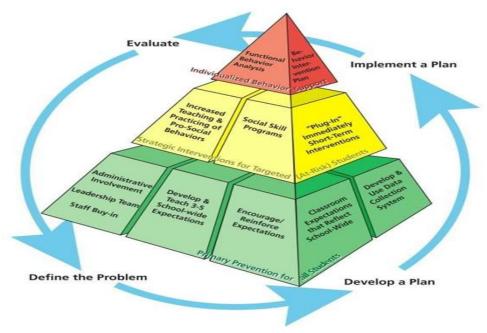
## PBIS IN A NUTSHELL

West Side University 2020

# WHAT IS PBIS? A <u>proactive</u> approach used to improve school safety and promote <u>positive</u> behavior



#### GUIDING PRINCIPLES

- All students are valuable and deserve respect.
- All students can be taught to demonstrate appropriate behavior.
- Punishment does not work to change behavior.
- School climate is a shared responsibility among administrators, teachers, staff, students, and families.

#### PREVENTING UNWANTED BEHAVIORS

- Define 3-5 School-wide Positive Expectations and Behaviors and Teach Them (HOW)
- Create and Explain what the Expectations Look Like in the Classrooms (matrixes)
- Accentuate the POSITIVE (4 to 1)
- Proactively Deal with Small Issues before they Escalate
- Build Relationships with ALL the Students (Greet them at the door)
- Create a Management Ladder (next page)
- Make your Mercies New Everyday
- Have Realistic Expectations about Attention Span and Activity Needed

## "DAILY" CORRECTIONS

- What are you doing?
- What should you be
  - doing?
- Show me.

#### MAJOR DISCIPLINE INCIDENTS

These may include but are not limited to physical fights/aggression, major vandalism of school property, drug/alcohol/tobacco use, weapons, theft (not including petty theft), bullying & harassment, elopement, inappropriate abusive language, bomb threat, repeated minor behaviors that have already been discussed with parents, disruption of instruction (repeated non-compliance/defiance, yelling), repeated technology violation, gang activity



#### USING EVIDENCE-BASED PRACTICES TO TEACH NEW BEHAVIORS

- Contracts
- Check In/Check Out
- Check, Connect, and Expect
- First Step to Success
- Counseling Small Groups

#### TEACHING THE NEW BEHAVIORS EXPLICITLY AND STEP-BY-STEP

#### CALM

Name 5 things you can see.

Name 4 things you can *hear*.

Name 3 things you can touch.

Name 2 things you can *smell*.

Name 1 thing you can taste.

## KEEPING DATA TO TRACK PROGRESS TOWARD MEETING SOCIAL Skills Goals

- SWIS
- ODRs
- 5 days of data

#### PBIS TIER 1 - 80% OF STUDENTS SHOULD RESPOND TO THIS

How Expectations, that incorporate the 7 Habits, taught EXPLICITLY the first 20 days and after a school break

H - Have Respect

- 0 Own Your Behavior
- W Work Toward Success

#### VOICE LEVELS

- 3 Outside Voice
- 2 Table Talk
- 1 Whisper
- 0 Silent

#### HOUSE CELEBRATIONS

- Glow Party
- Movie (weather)
- Tailgating
- Christmas Around the World
- Reading Party
- Mardi Gras
- Spring-a-Palooza
- Popcorn and PJs
- Play date

#### WHAT WE ARE DOING TO CELEBRATE GOOD BEHAVIOR

- Positive Office Referrals
- Caught Being Unusually Good Trophies
- Grow Parties
- Shout Out Board

#### PBIS TIER 2 (15% OF STUDENTS MIGHT NEED THIS)

- SWIS
- ODRs
- Request for Assistance
- SAEBRS Screening
- Tier 2 Team

#### PBIS TIER 3 - WHEN WE'VE IMPLEMENTED T2 WITH FIDELITY (5% OF STUDENTS MAY NEED THIS)



#### MINDSET

Step 1 - I notice that you are \_\_\_\_\_ (identify the action)

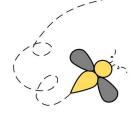
Step 2 - You seem \_\_\_\_\_ (identify the emotion)

Step 3 - When, where, how, who, NOT WHY did you start feeling this way?

Step 4 - Encourage the child to create a plan.

When someone says or does something unintentionally hurtful and they do it once. **That's RUDE** 

Is it Bullying?



66

When someone says or does something intentionally hurtful and they do it once. That's MEAN

When someone says or does something intentionally hurtful and they keep doing it even when you tell them to stop or show them that you're upset.



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When you plant lettuce, if it does not grow well, you don't blame the lettuce. You look for reasons it is not doing well. It may need more fertilizer, or more water, or less sun. You look for reasons it is not doing well. You never blame the lettuce.

- Thich Nhat Hanh